Biophillic Design – References for further reading

The word “Biophilia” was first introduced by a psychoanalyst named Erich Fromm who stated that biophilia is the “passionate love of life and of all that is alive” in his book “The Anatomy Of Human Destructiveness” in 1973. In 1977 Architect Christopher Alexander, who wrote “A Pattern Language: Towns, Buildings, Construction” began to popularize the idea for architectural design. This was further developed by the work of Stephen Kellert "The Practice Of Biophilic Design" 2015 who created a framework to express nature and natural systems in the built environment.

More recently this work has been championed by organisations such as Terrapin Bright Green - see their work “14 Patterns of Biophilic Design” - and theorists like Nikos A. Salingaros - see his work “Biophilia & Healing Environments, Healthy Principles For Designing The Built World”.

If you are interested in further reading on this subject, following are some references:

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